

Participation in the program will allow the certificate holder to facilitate work sessions based on Sikkhona Team Assessment® reports.

# Certification

## (Level 2)



### Sikkhona® model

It allows to measure team's health. All teams go through different stages when developing their trust and cohesion.

Sikkhona Team Assessment® objectively measures the level of trust and cohesion of the team, based on a series of behaviors that are evaluated by its own members.

This information is necessary to analyze the team's strengths and areas for improvement and, define the appropriate strategies to grow in cohesion and trust, and become a high-performance teams.

The model has been validated by the Department of Applied Statistics of the Autonomous University of Barcelona and has been used by more than 400 organizations from more than 20 countries.

### Sikkhona Team Assessment® report

It is a simple, intuitive and universal online questionnaire that offers a diagnosis of the stadium where the team is at that moment, from the perspective of its members. The report details effective team behaviors as well as their derailments. In this way you will have a clear x-ray of its strengths and potential areas for improvement.

### Pricing

Presential	495 € (+ 21% VAT)
Kit Sikkhona	120€ (+ 21% VAT)

Schedule	1 day (8 hours)
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### Program contents

- Deepening on the Sikkhona® model and the stages of team development (expression, alignment, interdependence).
- Model Specific Applications:
  - Use of the Report.
  - Strategies for working with different types of teams.
  - Dynamics according to stages of development: when to apply them and how they work.
  - Keys for facilitation.
  - Review of real life cases.
- Live Sikkhona simulation.
- Introduction to specialized monographs.

### Model contribution

- Know the degree of health of the team.
- Positively address conflicts.
- Strengths and risks that the team presents.
- Keys to improve team cohesion.

### The program provides

- Practices with reports and facilitation.
- Access to Sikkhona® platform.
- Access to advanced learning resources.
- 5 credit for reports (promotional pricing).
- Appearance on the IC website as a Sikkhona® certificate.
- 8 ICF CCE credits in RD resources.
- Support from an IC associate.
- Access to the IC community (IC Day and Mentorings).
- Access to specialized monographs.

### Previous requirements

Having completed the Accreditation (L1) before.